

Unfortunately, there is no way to totally *eliminate* SPAM. If someone could invent a way to do this, they would most definitely get rich quick!

There are steps you can take to cut down on the amount of SPAM mail you get, but it does mean **you** have to be active in following through.

1. **Never** put your eMail address on your web site, use a secure PHP form instead. This hides the eMail address from the spambots so that they cannot harvest it and use it for their own dastardly purposes.
2. **Do not use fancy signatures and graphics** in the eMails you send. Some servers automatically read this as SPAM which also means some of your mail may not be reaching it's intended recipient. To take this one step further, do not send or accept receipt of HTML eMails, use the TEXT ONLY setting for your eMail program(s).
3. Use your Control Panel and/or your web mail settings to help you **black list** SPAM. Using the Control Panel involves training the program to help you which can be a bit tedious and if you don't know what you're doing you could wind up black listing some good mail.
4. Install Mailwasher, a program that lets you screen your mail before you download it to your computer. Link to Mailwasher: <http://www.mailwasher.net/> it's FREE!
5. Learn to create and use the filters feature in your eMail program(s). You can send SPAM to a junk or your trash automatically by using filters. However, make sure to check the folder you're filtering your SPAM to before emptying it. Sometimes, you'll find valid, important eMails there. Make it a habit to check this folder at least once a week to avoid missing important mail.